



Alanya Alaaddin Keykubat Üniversitesi

FACULTY OF SPORT SCIENCES

DEPARTMENT OF RECREATION

REKREASYON

1.Semester Course Plan				
Course Code	Course Name	T+A+L	Compulsory/Elective	ECTS
ATA 101	ATATÜRK'S PRINCIPLES AND THE HISTORY OF REVOLUTION I	2+0+0	Compulsory	2
ING 101	FOREIGN LANGUAGE I (ENGLISH)	2+0+0	Compulsory	2
REK 101	INTRODUCTION TO SPORT SCIENCES	3+0+0	Compulsory	4
REK 103	INTRODUCTION TO RECREATIONAL	3+0+0	Compulsory	4
REK 105	ANATOMY	3+0+0	Compulsory	4
REK 107	EFFECTIVE COMMUNICATION	3+0+0	Compulsory	3
REK 109	BASIC MOVEMENT EDUCATION	1+2+0	Compulsory	2
REK 111	SWIMMING	1+2+0	Compulsory	3
REK 113	ADAPTATION TO UNIVERSITY LIFE (ORIENTATION TRAINING)	0+2+0	Compulsory	2
TDB 101	TURKISH LANGUAGE I	2+0+0	Compulsory	2
SEÇ 101	ELECTIVE COURSE I (OUT OF FIELD)	2+0+0	Elective	2
			Total ECTS	30
Course Groups				
SEC 101.35	SPORTS CULTURE AND QUALITY OF LIFE	2+0+0	Elective	2
2.Semester Course Plan				
Course Code	Course Name	T+A+L	Compulsory/Elective	ECTS
ATA 102	ATATÜRK'S PRINCIPLES AND THE HISTORY OF REVOLUTION II	2+0+0	Compulsory	2
ING 102	FOREIGN LANGUAGE II (ENGLISH)	2+0+0	Compulsory	2
REK 102	LEISURE SOCIOLOGY	3+0+0	Compulsory	4
REK 104	RECREATION PHILOSOPHY	3+0+0	Compulsory	4
REK 106	PHYSIOLOGY	2+0+0	Compulsory	3
REK 108	ATHLETICS	1+2+0	Compulsory	3
REK 110	GENERAL GYMNASTICS	1+2+0	Compulsory	3
TDB 102	TURKISH LANGUAGE II	2+0+0	Compulsory	2
KRY 102	CAREER PLANNING	2+0+0	Elective	2
SEÇ 112	RECREATIONAL ACTIVITIES I	1+2+0	Elective	10
			Total ECTS	35
Course Groups				
SEC 112.1	RECREATIVE FUTSAL	1+2+0	Elective	5
SEC 112.2	TREKKING	1+2+0	Elective	5
3.Semester Course Plan				
Course Code	Course Name	T+A+L	Compulsory/Elective	ECTS
REK 201	GENERAL TRAINING KNOWLEDGE	2+1+0	Compulsory	5
REK 203	RECREATION MANAGEMENT AND ORGANIZATION	3+0+0	Compulsory	5
REK 205	LEISURE EDUCATION	3+0+0	Compulsory	5
REK 207	EXERCISE PHYSIOLOGY	2+0+0	Compulsory	3
FOR2GÜZ	FOR2GÜZ	0+0+0	Elective	0
SEC 201	PROFESSIONAL FOREIGN LANGUAGE	2+0+0	Elective	2
SEC 209	ELECTIVE APPLIED COURSE I	1+2+0	Elective	10
SEC 211	RECREATIONAL ACTIVITIES II	1+2+0	Elective	15
			Total ECTS	45
Course Groups				
FOR 201	EDUCATION	3+0+0	Elective	4
FOR 203	TEACHING PRINCIPLES AND METHODS	3+0+0	Elective	4
SEC 201.1	PROFESSIONAL FOREIGN LANGUAGE (ENGLISH I)	2+0+0	Elective	2
SEC 209.3	TREKKING	1+2+0	Elective	3
SEC 209.4	STEP- AEROBIK-PILATES	1+2+0	Elective	5
SEC 209.8	ARCHERY	1+2+0	Elective	5
SEC 210.7	DART	1+2+0	Elective	5
SEC 211.2	BICYCLE	1+2+0	Elective	5
4.Semester Course Plan				
Course Code	Course Name	T+A+L	Compulsory/Elective	ECTS
REK 202	RECREATION AND ENVIRONMENT	3+0+0	Compulsory	5
REK 204	LEADERSHIP OF RECREATION	3+0+0	Compulsory	5
REK 206	RHYTHM EDUCATION AND DANCE	1+2+0	Compulsory	5
REK 208	FIRST AID	3+0+0	Compulsory	3

FOR2BAHAR	FOR2BAHAR	0+0+0	Elective	0
SEC 202	PROFESSIONAL FOREIGN LANGUAGE II	2+0+0	Elective	2
SEC 210	ELECTIVE APPLIED COURSE II	1+2+0	Elective	5
SEC 212	RECREATIONAL ACTIVITIES III	1+2+0	Elective	5
Total ECTS				30
Course Groups				
FOR 202	CLASS MANAGEMENT	2+0+0	Elective	3
FOR 204	SPECIAL TEACHING METHODS	3+0+0	Elective	4
SEC 202.1	PROFESSIONAL FOREIGN LANGUAGE (ENGLISH II)	2+0+0	Elective	2
SEC 210.4	STEP-AEROBIC-PILATES	1+2+0	Elective	5
SEC 210.5	MASSAGE	1+2+0	Elective	5
SEC 210.7	DART	1+2+0	Elective	5
SEC 210.8	ARCHERY	1+2+0	Elective	5
SEC 210.9	LATIN DANCES	1+2+0	Elective	5
SEC 212.1	FOLK DANCES I	1+2+0	Elective	5
SEC 212.3	SEARCH AND RESCUE	1+2+0	Elective	5
SEC 212.4	UNDERWATER DIVING	1+2+0	Elective	5
SEC 212.5	YOGA	1+2+0	Elective	5

5.Semester Course Plan				
Course Code	Course Name	T+A+L	Compulsory/Elective	ECTS
REK 301	PROGRAM DEVELOPING AND PLANNING IN RECREATION	3+0+0	Compulsory	3
REK 303	RESEARCH METHODS AND STAISTICS	3+0+0	Compulsory	3
REK 305	FITNESS I: CARDIOVASCULAR ENDURANCE	3+0+0	Compulsory	3
REK 307	PHYSICAL ACTIVITY AND HEALTH	3+0+0	Compulsory	3
REK 309	MOTOR DEVELOPMENT AND LEARNING	3+0+0	Compulsory	3
REK 311	PHYSICAL ACTIVITY AND NUTRITION	2+0+0	Compulsory	3
FOR3GÜZ	FOR3GÜZ	0+0+0	Elective	0
SEC 301	ELECTIVE FOREIGN LANGUAGE III	2+0+0	Elective	2
SEC 313	ELECTIVE APPLIED COURSE III	1+2+0	Elective	5
SEC 315	RECREATIONAL ACTIVITIES IV/ CAMP I	1+2+0	Elective	5
Total ECTS				30
Course Groups				
FOR 301	GUIDANCE AND SPECIAL EDUCATION	3+0+0	Elective	4
FOR 303	ASSESSMENT AND EVALUATION IN EDUCATION	3+0+0	Elective	4
SEC 301.1	GERMAN I	2+0+0	Elective	2
SEC 301.2	RUSSIAN I	2+0+0	Elective	2
SEC 313.1	SWIMMING	1+2+0	Elective	5
SEC 313.20	PARAGLIDING	1+2+0	Elective	5
SEC 313.25	INDOOR FOOTBALL	1+2+0	Elective	5
SEC 313.5	TENNIS	1+2+0	Elective	5
SEC 313.8	CYCLING	1+2+0	Elective	5
SEC 315.1	BASIC SKI EDUCATION	1+2+0	Elective	5

6.Semester Course Plan				
Course Code	Course Name	T+A+L	Compulsory/Elective	ECTS
REK 302	EVENT MANAGEMENT	3+0+0	Compulsory	3
REK 304	RECREATION STUDIES AND CURRENT DEVELOPMENTS	3+0+0	Compulsory	3
REK 306	FITNESS II: STRENGHT	3+0+0	Compulsory	3
REK 308	RECREATIVE EDUCATIONAL GAMES	3+0+0	Compulsory	3
REK 310	RECREATION IN SPECIAL GROUPS	3+0+0	Compulsory	3
REK 312	PLANNING APPLICATIONS IN RECREATION	2+0+0	Compulsory	3
FOR3BAHAR	FOR3BAHAR	0+0+0	Elective	0
REK 316	RECREATIONAL ACTIVITIES V/CAMP II	1+2+0	Elective	5
SEC 302	ELECTIVE FOREIGN LANGUAGE	2+0+0	Elective	2
SEC 314	ELECTIVE APPLIED COURSE IV / TEAM SPORTS II/INDIVIAUL SPORTS II	1+2+0	Elective	5
Total ECTS				30
Course Groups				
FOR 302	EDUCATION PSYCHOLOGY	3+0+0	Elective	4
FOR 304	TEACHING TECHNOLOGIES	2+0+0	Elective	3
SEC 302.2	RUSSIAN II	2+0+0	Elective	2
SEC 314.2	INDIVIDUAL SPORTS II (BADMINTON)	1+2+0	Elective	5
SEC 314.20	INDIVIDUAL SPORTS II (PARAGLIDING)	1+2+0	Elective	5
SEC 314.3	INDIVIDUAL SPORTS II (WRESTLING)	1+2+0	Elective	5
SEC 314.7	INDIVIDUAL SPORTS II (TABLE TENNIS)	1+2+0	Elective	5
SEC 314.9	INDIVIDUAL SPORTS II (ORIENTEERING)	1+2+0	Elective	5
SEC 316.3	WINDSURFING AND KITEBOARDING TRAINING	1+2+0	Elective	5

7.Semester Course Plan

Course Code	Course Name	T+A+L	Compulsory/Elective	ECTS
REK 401	CRISIS MANAGEMENT AND PLANNING IN RECREATION	3+0+0	Compulsory	4
REK 403	RECREATION AND URBANIZATION	3+0+0	Compulsory	4
REK 405	EXERCISE PSYCHOLOGY	3+0+0	Compulsory	3
REK 407	FITNESS III: TESTS	3+0+0	Compulsory	3
REK 411	VOCATIONAL APPLICATION I (INTERNSHIP)	2+4+0	Compulsory	6
REK 413	SCIENTIFIC RESEARCH APPLICATION I (THESIS)	3+2+0	Compulsory	5
REK 415	VOLUNTEERING AND SOCIAL SENSITIVITY APPLICATION I	1+2+0	Compulsory	3
REK 409	EXERCISE PRESCRIPTION	2+0+0	Elective	2
FOR4GÜZ	FOR4GÜZ	0+0+0	Elective	0

Total ECTS **30**

Course Groups

FOR 401G	TEACHING PRACTICE	1+8+0	Elective	10
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8.Semester Course Plan

Course Code	Course Name	T+A+L	Compulsory/Elective	ECTS
REK 402	ENTREPRENEURSHIP	3+0+0	Compulsory	4
REK 404	BUSINESS ADMINISTRATION IN RECREATIONAL ORGANIZATIONS	3+0+0	Compulsory	4
REK 406	MOTION ANALYSIS: MUSCLE ACTIVITY	3+0+0	Compulsory	3
REK 408	SPORTS INJURIES	0+0+0	Compulsory	3
REK 410	FITNESS IV: PROGRAM DEVELOPMENT	2+0+0	Compulsory	2
REK 412	VOCATIONAL APPLICATION II (INTERNSHIP)	2+4+0	Compulsory	6
REK 414	SCIENTIFIC RESEARCH APPLICATION II (THESIS)	3+2+0	Compulsory	5
REK 416	VOLUNTEERING AND SOCIAL SENSITIVITY APPLICATION II	1+2+0	Compulsory	3
FOR4BAHAR	FOR4BAHAR	0+0+0	Elective	0

Total ECTS **30**

Course Groups

FOR 401B	TEACHING PRACTICE	1+8+0	Elective	10
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