



Alanya Alaaddin Keykubat Üniversitesi

FACULTY OF HEALTH SCIENCES

BESLENME VE DİYETETİK BÖLÜMÜ

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1.Semester Course Plan				
Course Code	Course Name	T+A+L	Compulsory/Elective	ECTS
ATA 101	ATATURK'S PRINCIPLES AND HISTORY OF TURKISH REVOLUTION I	2+0+0	Compulsory	2
BES 101	PRINCIPLES OF NUTRITION I	4+2+0	Compulsory	7
BES 103	INTRODUCTION TO PROFESSION AND DEONTOLOGY	2+0+0	Compulsory	3
BES 105	MEDICAL BIOLOGY AND GENETICS	2+2+0	Compulsory	5
BES 107	BASIC CHEMISTRY I	2+0+0	Compulsory	3
ING 101	ENGLISH 1	2+0+0	Compulsory	2
TDB 101	TURKISH LANGUAGE-I	2+0+0	Compulsory	2
ABS I	NUTRITION AND DIETETICS ELECTIVE COURSE I	2+0+0	Elective	4
GKS I	GENERAL CULTURE ELECTIVE COURSE I	2+0+0	Elective	4
Total ECTS				32
Course Groups				
ABS 101	NUTRITION AND GENETICS	2+0+0	Elective	2
ABS 103	OCCUPATIONAL HEALTH AND SAFETY	1+0+0	Elective	1
GKS 501	PHYSICAL EDUCATION	2+0+0	Elective	2
GKS 503	MEDIA LITERACY	2+0+0	Elective	2
GKS 505	GERMAN I	2+0+0	Elective	2
GKS 507	ADDICTION AND STRUGGLE AGAINST ADDICTION	2+0+0	Elective	2
GKS 509	DICTION AND EFFECTIVE SPEAKING	2+0+0	Elective	2
2.Semester Course Plan				
Course Code	Course Name	T+A+L	Compulsory/Elective	ECTS
ATA 102	ATATURKS PRINCIPLES AND REVOLUTION HISTORY II	2+0+0	Compulsory	2
BES 102	PRINCIPLES OF NUTRITION II	4+2+0	Compulsory	7
BES 104	FOOD TOXICOLOGY	2+0+0	Compulsory	4
BES 106	DEMOGRAPGHICAL STRUCTURE AND HEALTH	2+0+0	Compulsory	4
BES 108	BASIC CHEMISTRY II	2+0+0	Compulsory	3
ING 102	ENGLISH II	2+0+0	Compulsory	2
TDB 102	TURKISH LANGUAGE II	2+0+0	Compulsory	2
ABS II	NUTRITION AND DIETETICS ELECTIVE COURSE II	2+0+0	Elective	2
GKS II	GENERAL CULTURE ELECTIVE COURSE I	2+0+0	Elective	4
Total ECTS				30
Course Groups				
ABS 102	FOOD BIOTECHNOLOGY	2+0+0	Elective	2
ABS 104	FIRST AID	2+0+0	Elective	2
GKS 502	PHYSICAL EDUCATION II	2+0+0	Elective	2
GKS 504	HUMAN RELATIONS AND COMMUNICATION	2+0+0	Elective	2
GKS 506	GERMAN II	2+0+0	Elective	2
GKS 508	SOCIAL ANTHROPOLOGY	2+0+0	Elective	2
GKS 510	INFORMATION AND COMMUNICATION TECHNOLOGIES	2+0+0	Compulsory	2
3.Semester Course Plan				
Course Code	Course Name	T+A+L	Compulsory/Elective	ECTS
BES 201	ANATOMY I	2+0+0	Compulsory	3
BES 203	PHYSIOLOGY I	2+0+0	Compulsory	3
BES 205	FOOD CHEMISTRY AND ANALYSIS I	2+2+0	Compulsory	5
BES 207	NUTRITIONAL BIOCHEMISTRY I	3+0+0	Compulsory	5
BES 209	PHARMACOLOGY	2+0+0	Compulsory	3
BES 211	BASIC MICROBIOLOGY	2+2+0	Compulsory	3
ABS III	NUTRITION AND DIETETICS ELECTIVE COURSE III	3+0+0	Elective	8
FOR2GÜZ	FOR2GÜZ	0+0+0	Elective	0
Total ECTS				30
Course Groups				
ABS 201	OCCUPATIONAL ENGLISH I	3+0+0	Elective	4
ABS 203	BASIC PRINCIPLES IN NUTRITIONAL SCIENCES I	3+0+0	Elective	4
ABS 205	INTRODUCTION TO ECONOMICS	3+0+0	Elective	4
ABS 207	NUTRITION AND EXERCISE	3+0+0	Elective	4
ABS 209	CURRENT TOPICS IN NUTRITON	3+0+0	Elective	4
FOR 201	EDUCATION	3+0+0	Elective	4
FOR 203	TEACHING PRINCIPLES AND METHODS	3+0+0	Elective	4

4.Semester Course Plan				
Course Code	Course Name	T+A+L	Compulsory/Elective	ECTS
BES 202	ANATOMY II	2+0+0	Compulsory	3
BES 204	PHYSIOLOGY II	2+0+0	Compulsory	3
BES 206	FOOD CHEMISTRY AND ANALYSIS II	2+2+0	Compulsory	5
BES 208	NUTRITIONAL BIOCHEMISTRY II	3+0+0	Compulsory	5
BES 210	FOOD MICROBIOLOGY AND SAFETY	2+2+0	Compulsory	3
BES 212	ORGANIC CHEMISTRY	2+0+0	Compulsory	3
ABS IV	NUTRITION AND DIETETICS ELECTIVE COURSE IV	3+0+0	Elective	8
FOR2BAHAR	FOR2BAHAR	0+0+0	Elective	0
Total ECTS				30

Course Groups				
ABS 202	OCCUPATIONAL ENGLISH II	3+0+0	Elective	4
ABS 204	BASIC PRINCIPLES IN NUTRITIONAL SCIENCES II	3+0+0	Elective	4
ABS 206	GENERAL PSYCHOLOGY	3+0+0	Elective	4
ABS 208	BIOCHEMISTRY OF NUTRITIONAL DISEASES	3+0+0	Elective	4
ABS 210	CURRENT TOPICS IN NUTRITION II	3+0+0	Elective	4
FOR 202	CLASS MANAGEMENT	2+0+0	Elective	3
FOR 204	SPECIAL TEACHING METHODS	3+0+0	Elective	4

5.Semester Course Plan				
Course Code	Course Name	T+A+L	Compulsory/Elective	ECTS
BES 301	MOTHER AND CHILD NUTRITION	4+2+0	Compulsory	6
BES 303	NUTRITIONAL ASSESSMENT OF COMMUNITY	3+0+0	Compulsory	3
BES 305	INSTITUTIONAL FOOD SERVICES I	3+0+0	Compulsory	4
BES 307	DIET THERAPY IN DISEASES I	4+2+0	Compulsory	6
BES 309	BIOSTATISTICS	3+0+0	Compulsory	3
ABS V	NUTRITION AND DIETETICS ELECTIVE COURSE V	3+0+0	Elective	8
FOR3GÜZ	FOR3GÜZ	0+0+0	Elective	0
Total ECTS				30

Course Groups				
ABS 301	TURKISH CUISINE	3+0+0	Elective	4
ABS 303	FOOD TECHNOLOGY	3+0+0	Elective	4
ABS 305	DEVELOPING STANDARD RECIPES	3+0+0	Elective	4
ABS 307	FUNCTIONAL FOODS	3+0+0	Elective	4
ABS 309	NUTRITION RELATED DISEASES	3+0+0	Elective	4
FOR 301	GUIDANCE AND SPECIAL EDUCATION	3+0+0	Elective	4
FOR 303	ASSESSMENT AND EVALUATION IN EDUCATION	3+0+0	Elective	4

6.Semester Course Plan				
Course Code	Course Name	T+A+L	Compulsory/Elective	ECTS
BES 302	NUTRITION IN PEDIATRIC DISEASES	4+2+0	Compulsory	6
BES 304	COMMUNITY NUTRITION AND EPIDEMIOLOGY	3+0+0	Compulsory	3
BES 306	INSTITUTIONAL FOOD SERVICES II	3+0+0	Compulsory	4
BES 308	DIET THERAPY IN DISEASES II	4+2+0	Compulsory	6
BES 310	NUTRITION EDUCATION AND COUNSELING	2+0+0	Compulsory	3
ABS VI	NUTRITION AND DIETETICS ELECTIVE COURSE VI	3+0+0	Elective	8
FOR3BAHAR	FOR3BAHAR	0+0+0	Elective	0
Total ECTS				30

Course Groups				
ABS 302	WORLD CUISINES	3+0+0	Elective	4
ABS 304	CANCER AND NUTRITION	3+0+0	Elective	4
ABS 306	FOOD AND BEVERAGE SERVICES MANAGEMENT	3+0+0	Elective	4
ABS 308	TRADITIONAL FOODS	3+0+0	Elective	4
FOR 302	EDUCATION PSYCHOLOGY	3+0+0	Elective	4
FOR 304	TEACHING TECHNOLOGIES	2+0+0	Elective	3

7.Semester Course Plan				
Course Code	Course Name	T+A+L	Compulsory/Elective	ECTS
BES 401	GRADUATION PROJECT I	2+0+0	Compulsory	3
BES 403	SEMINAR I	2+0+0	Compulsory	3
BES 405	CLINICAL APPLICATIONS IN NUTRITION AND DIETETICS-I	4+20+0	Compulsory	12
BES 407	NUTRITION CONTROL AND LEGISLATION	2+0+0	Compulsory	4
ABS VII	NUTRITION AND DIETETICS ELECTIVE COURSE VII	3+0+0	Elective	8
FOR4GÜZ	FOR4GÜZ	0+0+0	Elective	0
Total ECTS				30

Course Groups				
ABS 401	MENU PLANNING	3+0+0	Elective	4

ABS 403	FOOD HYGIENE	3+0+0	Elective	4
ABS 405	ELDERLY NUTRITION	3+0+0	Elective	4
ABS 407	FOOD-DRUG INTERACTION	3+0+0	Elective	4
FOR 401G	TEACHING PRACTICE	1+8+0	Elective	10

8.Semester Course Plan

Course Code	Course Name	T+A+L	Compulsory/Elective	ECTS
BES 402	GRADUATION PROJECT II	2+0+0	Compulsory	3
BES 404	SEMINAR II	2+0+0	Compulsory	3
BES 406	CLINICAL APPLICATIONS IN NUTRITION DIETETICS-II	4+20+0	Compulsory	12
BES 408	SPORTS NUTRITION	2+0+0	Compulsory	4
ABS VIII	NUTRITION AND DIETETICS ELECTIVE COURSE VIII	3+0+0	Elective	8
FOR4BAHAR	FOR4BAHAR	0+0+0	Elective	0
			Total ECTS	30
Course Groups				
ABS 402	NUTRITION IN SPECIAL CASES	3+0+0	Elective	4
ABS 404	EATING DISORDERS	3+0+0	Elective	4
ABS 406	FOOD ADDITIVES	3+0+0	Elective	4
ABS 408	NUTRITION IN FOOD SENSITIVITY AND ALLERGIES3	3+0+0	Elective	4
FOR 401B	TEACHING PRACTICE	1+8+0	Elective	10